

Breakfast: FREE to ALL students
 Lunch: FREE to ALL students
 Adult Lunch: \$5.00
 FRESH FRUITS, VEGGIES & MILK
 SERVED DAILY!

Scotland Elementary School
 Breakfast & Lunch Menu
October 2023

Weekly Alternates:
 Peanut Butter & Jelly Salad w/ Cheese
 Peanut Butter & Fluff Salad w/ Turkey
 Yogurt Fun Lunch Salad w/ Cheese & Turkey

Pizza Roasted Broccoli	10/2	Hearty Beef Chili Cinnamon Roll Green Beans	10/3	Chicken w/ Ramen Noodles Roasted Carrots	10/4	Grilled Chicken Smashed Potato Corn & gravy bowl	10/5	No School Professional Development	10/6
No School Columbus Day	10/9	Beef & Cheese Walking Taco Salsa Zesty black beans	10/10	Chicken Popcorn Waffles w/ syrup Sweet Potato Fries	10/11	Sausage Egg & Cheese Croissant Crispy Hashbrowns	10/12	Personal Cheese Pizza Zesty Green Bean Salad	10/13
Breakfast Taco Eggs, Cheese & Hashbrown	10/16	All Beef Hot Dog On a Whole Grain Bun Baked Beans	10/17	Grilled Chicken Patty w/ Lettuce & Mayo Sweet Potato Fries	10/18	Crispy Popcorn Chicken over Buttery Egg noodles Green Beans	10/19	Personal Cheese Pizza Garden Salad w/ Italian Dressing	10/20
Lasagna Roll Up Garden Salad Bread Stick	10/23	Rodeo Burger BBQ & Onion Ring Topper Taters	10/24	Soft Chicken Taco Golden Corn Refried Beans	10/25	BBQ Chicken Brown Rice Steamed Carrots	10/26	Personal Cheese Pizza Cucumber and Tomato Salad	10/27
Cheese Quesadilla Refried Beans Salsa	10/30	Chicken Bacon Ranch Wrap Sweet Potato Fries	10/31	Meatball Stroganoff Over Egg Noodles Green Peas	11/1	Sweet & Sour Chicken Over Rice Steamed Broccoli!	11/2	Personal Cheese Pizza Zesty Green Bean Salad	11/3

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*Menu subject to change without notice. *

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NATIONAL SCHOOL LUNCH WEEK

During the 2nd full week in October, National School Lunch Week shines the spotlight on the programs and nutritious food served up every day throughout the school year.

Since 1946, national school lunch programs have been available. While many areas may have offered school lunches before that time, other areas found it difficult to find the funds and resources to support such a program.

ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.

Each breakfast is served with fruit and milk.

Mini Straw Bagel Bites 10/2	Confetti Pancakes 10/3	Crumb Cake 10/4	Glazed Doughnut 10/5	Choco Chip Muffin 10/6
No School 10/9	Mini French Toast 10/10	Cinnamon Roll 10/11	Mini Waffles 10/12	Apple Strudel 10/13
Mini Straw Bagel Bites 10/16	Confetti Pancakes 10/17	Crumb Cake 10/18	Glazed Doughnuts 10/19	Choc Chip Muffins 10/20
Breakfast Bar 10/23	Mini French Toast 10/24	Cinnamon Roll 10/25	Mini Waffles 10/26	Apple Strudel 10/27
Mini Straw Bagel Bites 10/30	Confetti Pancakes 10/31	Crumb Cake 11/1	Glazed Doughnut 11/2	Choco Chip Muffin 11/3

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